

# Cowden-Herrick Schools

## PBIS “Cool Tool” Lesson Plan

### School Wide Expectations:

Be Ready  
Be Responsible  
Be Respectful

**Lesson Topic:** Respect Yourself & Others

### Purpose of the Lesson:

Students are expected to respect themselves and others. People who respect themselves will earn the respect of others. People who treat others with respect will be respected. This lesson will help students understand many ways that they can respect themselves and others.

### Teaching Examples:

Not applicable

### Student Activities/Role Play:

1. Explain the purpose of the lesson.
2. Explain the activity – The teacher will read short stories about people. If the described action is respectful, students should stand up. If the described action is disrespectful, students should sit in their seats. (You may not cover all the stories).
3. Discuss the disrespectful stories and ask students how the people involved could have shown respect. This could be done after the activity or as you’re going through the activity.

### Follow up/Reinforcement Activities:

1. Make a habit of noticing when students are respecting themselves and others (especially in the next couple of days).
2. Give verbal praise to students who are respecting themselves.
3. Reward some students who are respecting themselves by giving them “Buzz Bucks”.