

**SCHOOL-WIDE EXPECTATION: Respect Self & Others**

**SEL 1-A : Identify & manage one’s emotions & behavior**

Analyze how thoughts & emotions effect decision making and responsible behavior	<b>Choice making Self-monitoring</b>	Evaluate how expressing one’s emotions in different situations affects others	<b>Choice making Self-monitoring</b>
Generate ways to develop more positive attitudes	<b>Choice making Goal setting</b>	Evaluate how expressing more positive attitudes influences others	<b>Self-evaluation</b>

**PROBLEM:** Not using a respectful tone &/or actions with peers and adults

**TEACHING:** Recognize how using a respectful tone and actions reduces conflict

**LOCATION:** Classroom

**INSTRUCTIONAL ACTIVITIES:** *Discuss examples of examples & non-examples of how students & adults can show respect by their actions & tone of voice.*

Examples

- saying “please”/”thank you”
- offering to pass papers out
- offering to allow another to borrow a pencil
- smiling
- staying seated while teaching is talking
- listening while others speak (1 at a time)
- telling someone you appreciate what they are doing
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Nonexamples

- talking over the teacher/other students
- using cell phone
- getting angry when someone asks you to be quiet during class
- ignoring or using sarcasm
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**WHY IT’S IMPORTANT**

- increases the amount of time to learn
- gives everyone a chance to participate
- everyone (students & teachers) feel valued
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**HOW WE CAN IMPROVE**

- recognize each other for respectfulness
- make a choice to be positive & polite
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**ROLE PLAY (optional)**-Student & teacher switch roles and act out how a situation can play out when one or both are/are not respectful with their actions and tone of voice

**FOLLOW-UP**-recognize students for their efforts to speak and act respectfully.

- “Thanks for being a Senator”
- “I really appreciate you being patient”
- “Thank you for picking the book up for me”
- “I appreciate that even though you are frustrated, you are willing to wait until I am done”