

PBIS Cool Tool

School-Wide Expectation: Be Respectful

Name of the Skill: Respect 1

Note to Teacher: Lesson to be split into 2 sessions of 20 minutes each

Purpose:

Students are expected to respect themselves. People who respect themselves will earn the respect of others. People who do not respect themselves cannot expect others to respect them. This lesson will help students understand many ways that they can respect themselves at school.

Teaching Examples:

Not Applicable

Student Activities:

- A. Explain the purpose of the lesson.
- B. Ask the class: "What does it mean to respect yourself in school?" – Record responses on the board.
- C. Administer the *Respect Yourself Quiz* to your class
- D. Grade & Discuss the *Respect Yourself Quiz*
 - "How is/isn't the student respecting self?"
 - "What could have been done differently?"
 - "Are there others ways this student could have respected self?"
- E. Have students make a list on the board of other specific ways they could show themselves respect (not necessarily school-related).
- F. Ask the class: "What does it mean to respect yourself in school?" – Record responses on the board.
 - Being safe
 - Doing homework
 - Listening to directions
 - Solving problems peacefully
 - Being on time to school
 - Studying
 - Following directions
 - Doing your best
 - Being prepared

Follow-Up/Reinforcement Activities:

- Make a habit of noticing when students are respecting themselves (especially in the next couple of days.)
- Give verbal praise to students who are respecting themselves.
- Reward some students who are respecting themselves by giving them JG Star Bucks.

Respect Yourself Quiz

Directions: On the line next to each scenario, write “Yes” or “No”.

- 1 _____ Samantha was on the playground during recess. She decided to go visit with Sally. On her way over to Sally, Samantha walked too close to the swings and was hit in the head by a swinging foot. Samantha respected herself.
- 2 _____ Billy was assigned a problem set in math. Billy knew that he had football practice at 4:30 and a family function at 6:30. Billy went home and completed his math homework before he went to football practice. Billy respected himself.
- 3 _____ Jacinda’s teacher was explaining to the class the proper procedures to follow in the event of a fire at school. Jacinda chose to read a book instead of listening to the instructions. Jacinda respected herself.
- 4 _____ Patricia walked up to Connie on the playground and said, “Your mama’s nothing but a lazy fool”. This greatly angered Connie so she punched Patricia in the head, pushed Patricia to the ground, and started pulling Patricia’s hair. Both Patricia and Connie were disciplined but Connie was suspended from school. Connie respected herself.
- 5 _____ Joey was always late to school. He didn’t care whether he was two minutes or two hours late. He almost always missed science class and it was no surprise that Joey failed science. Joey respected himself.
- 6 _____ Joanna knew that she had a spelling test the next day. So she went home and set aside twenty minutes to study. First, she found a quiet place (her room). Second, she practiced saying and writing each spelling word three times. Finally, Joanna asked her dad to quiz her. The next day, Joanna did well on her spelling test. Joanna respected herself.
- 7 _____ Thad walked up to Joe on the playground and said, “You smell worse than a skunk today. No wonder you don’t have any friends.” Joe thought to himself, “Thad is just trying to get me into a fight so that I get in trouble. I know I don’t smell that bad and I do have plenty of friends.” Joe looked Thad right in the eye, smiled, and walked away to join the kickball game. Joe respected himself.
- 8 _____ Scott was walking up the stairway on the left side. Mr. Jones said, “Scott, walk on the right side please.” Scott ignored the warning. Mrs. Dell was walking down the stairs on the correct side but she was carrying a large box. Scott ran right into Mrs. Dell. The force of the collision caused Scott to fall backward and he somersaulted down the staircase, hitting his head multiple times on the stairs, and sustaining a concussion. Scott was taken to the emergency room. Scott respected himself.
- 9 _____ Carrie was a very poor kickball player. However, she loved to play. Everyday at recess she was chosen toward the end but she always wanted to play and didn’t care in what order she was chosen. She’d kick the ball as hard as she could but would rarely make it to first base before the ball did. Carrie didn’t mind because she was having a good time. Carrie respected herself.
- 10 _____ Todd was never prepared for school. He would always leave his books at home. Todd never had paper or a pencil. He didn’t worry about doing homework or studying for tests. Unfortunately, Todd learned the hard way when he was retained in fifth grade. Todd respected himself.