

Cowden-Herrick Schools

PBIS “Cool Tool” Lesson Plan

School Wide Expectations:

Be Ready

Be Responsible

Be Respectful

Lesson Topic: Asking for Help

Purpose of the Lesson:

1. It is okay not to know all of the answers.
2. Sometimes information does not make sense the first time and you need to ask an adult a question.
3. You need to learn to ask for what you need.

Teaching Examples:

1. Check for understanding
 - a. Ask the students, “What does asking for help and being responsible look like?”
2. Teach negative behaviors
 - a. “We are going to show you what it looks like when students are not responsible. This is what we don’t want to see in class.” Students watch the adults model what you do not want them to do.
3. “Now we are going to show you what it looks like to be responsible asking for help.”
 - a. You do not know how to solve the math problem, you can either sit at your desk confused or raise your hand and ask for help.
 - b. You want to talk to a hearing student, you need to find the interpreter and ask for help with communication.
 - c. You think your teacher said turn to page 23, but no one else is opening their book. You are confused and ask for help.
4. Ask the students the following questions:
 - a. What did the students in the above examples do that was responsible?
 - b. How do you think the students felt?
 - c. How do you think the teacher felt?
 - d. What good things happened because you were responsible and asked questions?

Student Activities/Role Play:

1. You forgot your permission slip for the field trip and you need to call home.

2. Role-play using the interpreter to communicate with a hearing person.
3. Brainstorm and list the different times that you might need help.

Follow up/Reinforcement Activities:

1. Verbalize and praise when a student is asking for help.