

#16 & #17 “COOL TOOL” LESSON PLAN – LUNCHLINE AND TABLE BEHAVIOR

SCHOOL WIDE EXPECTATIONS: Be Respectful, Be Responsible, Be a Positive/Appropriate Communicator, Be Safe

Purpose of the lesson? Why is it important?

1. To transfer learned skills of using appropriate language, including others, keeping hands, feet and objects to selves, keeping voices low in the lunchroom setting.
2. To help maintain a safe, friendly and clean environment
3. To prepare students to make the most efficient use of their Homework Club Time

Teaching Examples:

1. Will knows that being respectful to others during lunch time means using proper table manners means chewing with his mouth closed, utilizing his utensils and napkin appropriately, talking only when he doesn't have food in his mouth, eating only his own food slowly and keeping his hands, feet and objects to himself.
2. Jill wants to show her teachers that she is a responsible student so she will need to hold her ticket in her hand while lining up and follow the “Line-up” routine to get her lunch. Jill will make sure she waits patiently for her turn to hand her ticket to the lunch person, retrieves her lunch and uses please and thank-you when asking for juice or milk.
3. John wants to be a positive/appropriate communicator during lunch talk time so he makes sure to remember that he needs to use an inside voice, engage in appropriate conversation, and include all others in his conversation.
4. Jerry wants to make sure that the cafeteria is safe for everyone, so he remembers to raise his hand to ask politely for permission to throw garbage away and clean up any spills or messes that he has made.
5. If Steve has forgotten to get his homework done and his teacher has told him he will have Homework Club before lunch, he remembers to carry his materials carefully in his arms to the Homework Club table, find his HW Club sheet, sit down and begin his assignments until he is finished. When Steve needs help or when he is finished he will remember to raise his hand and let staff know he is done.

Kid activities/Role Plays:

- ❖ Students practice walking from the door of the gym to the lunch line window maintaining “Space Zone”. Students practice waiting patiently for their turn to give their ticket to the lunch person. Students practice handing their ticket to the lunch person carefully and taking the lunch that is at the end of the line. Have each student practice asking the lunch person for juice or milk using please and thank-you. Students practice walking to their assigned lunch table and asking staff where to sit.
- ❖ Students practice opening utensil packets, removing and unfolding napkin (with staff reminder that they are to be used in place of sleeves), removing straw and fork and placing them on the table. Students practice eating and chewing slowly only talking when they have no food in their mouths keeping hands, feet and objects to themselves. Staff gives students a subject to talk about at the table for 3 minutes. Staff tells the students to begin talking and reinforces for appropriate conversation and including others. Students will practice raising their hand and waiting patiently for adult direction to remove garbage. Each student is given the opportunity to practice walking from the table to the garbage can and walking back to their seat and sitting down.
- ❖ After students have practiced the lunch routine and are still seated at the table, Staff gives each student a glass with a small amount of water and individually has them spill the water on the table or floor. Student practices walking to the lunch person to ask for paper towels using please and thank-you. Student practices walking back to the table and wiping up the spill. Each student practices walking to the garbage to throw away the paper towel.
- ❖ Staff has the group line back up at the gym door and to practice walking into the cafeteria. Staff hands 2 or 3 students a piece of paper and tells them they will need to go to Homework Club to complete their Homework Club assignments. Each student with a piece of paper practices walking directly to the HWC table, searching for their HWC sheet and sitting down at the table. Then they will practice starting to work, raising their hand when they finish their assignment to tell staff they are finished.

Follow up/Reinforcement Activities:

- Adults verbally reinforce students as they practice the skills
- Review lunch manners/expectations each time class lines up and move to the cafeteria for lunch
- Give bonus points for student who display appropriate expectations
- Give Civic Coupons to students who do an exceptional job using hallway manners