

# Central School-Cool Tool of The Week

## Bathroom skills-privacy

*School-Wide Expectation:* Be Respectful

*Purpose of the lesson? Why it is important:*

- 1.To teach that privacy demonstrates respect of self and respect of others.
- 2.When we respect others and ourselves we can take pride in ourselves.

*Teaching Examples:*

- 1.Two girls went to the bathroom and one was ready to go back to class before the other. The girl who was ready to go back to class was getting frustrated and wanted to tell the other girl to hurry up. She stopped and remembered *that it was important to respect the privacy of others. She waited patiently and quietly for her classmate.*
- 2.A boy was waiting for a stall in the bathroom. He called out, “Who’s in there?” When nobody answered he shouted the question again. Another boy walked in and said, “*You need to be quiet and wait.*” *The boy was embarrassed but then waited quietly.*
3. A student was using a bathroom stall but the door was not properly shut. It began to open, and the student quickly closed it. *Making sure you have privacy shows that you respect yourself.*

*Kid Activities/Role Plays:*

- 1.Discuss ways in which students can show that they respect the privacy of others. Have students give examples.
- 2.Discuss the relationship between privacy and respecting yourself.
- 3.Students can role-play respecting the privacy of others if discussion leads to this type of activity (depending on maturity of students).

*Follow-up/Reinforcement Activities:*

- 1.Praise and give Steamer Bucks/ Cash to students you catch respecting the privacy of others and /or themselves.
- 2.Remind your class of school expectations before using the bathroom.

## Cool Tool of The Week

### Bathroom skills 2-cleanliness

*School-Wide Expectation:* Be Respectful

*Purpose of the lesson? Why it is important:*

- 1.To teach students personal hygiene skills.
- 2.To maintain a safe, healthy, and clean environment for all within Central School.

*Teaching Examples:*

- 1.Angelica used the bathroom and was in a hurry to get back to class because she didn't want to miss gym. She began to leave but stopped and remembered *that she hadn't washed her hands. She went to the sink and washed them.*
- 2.A boy used the bathroom. He almost got to the sink when he stopped and remembered *that he forgot to flush the toilet. He immediately went back and did so and then washed his hands.*
- 3.Two girls walked into the bathroom and saw paper towels on the floor. One said to the other, "That looks awful. I wonder who did that?" The other girl replied, "*I don't know, but we should pick them up so the bathroom stays clean.*"

*Kid Activities/Role Plays:*

- 1.Discuss why it is important to have good hygiene.
- 2.Discuss how maintaining a clean environment helps you to take pride in yourself and your school.
- 3.Ask students to verbalize school expectations before using the bathroom.

*Follow-up/Reinforcement Activities:*

- 1.Praise and give Steamer Bucks/ Cash to students who you catch using good hygiene and helping to keep the bathrooms clean.
- 2.Praise your students when the class as a whole leaves the bathroom and it is clean.
- 3.Let your students know that you appreciate that they are doing their part in keeping the school clean.

# Central School-Cool Tool of The Week

## Cafeteria-social skills

*School-Wide Expectation: Be Respectful, Be Safe*

*Purpose of the lesson? Why it is important:*

- 1.To transfer the learned skills of using appropriate language, including others, keeping hands and feet to self, and keeping voices low into the lunchroom setting.
- 2.To maintain a nurturing, friendly and safe lunchroom environment.

*Teaching Examples:*

- 1.Jeanie went to sit next to Traci at the lunch table. Traci really wanted to sit next to Alexandra and was about to tell Jeanie that the seat was saved. *She stopped and remembered that when you are respectful you include others. She asked Alexandra to sit across from her instead.*
- 2.Three boys were talking about a movie that they had seen over the weekend. Their voices got louder and one of the boys repeated an inappropriate word used in the movie. *The boys stopped and became quiet and embarrassed. They realized they were too loud and had used inappropriate language.*
- 3.Two students were waiting in line to get their lunch. One of the students wanted to get the other's attention and began to do so by pushing into him. *He stopped and remembered that hands and feet must always be kept to himself. He got the boys attention by using words instead.*

*Kid Activities/Role Plays:*

- 1.Have 3 students role-play teaching example number 1, first by actually saying the seat was saved and then by using the example shown. Discuss feelings about the role-plays.
- 2.Discuss what good manners look like in the lunchroom and why it is respectful to yourself and others to use them.

*Follow-up/Reinforcement Activities:*

Praise and give Steamer Bucks/ Cash to students you catch including others, using a low voice, keeping hands and feet to self, using good manners and using appropriate language while in the lunchroom.

## Central School-Cool Tool of The Week

### Emergency situation procedures- being silent/staying calm/being alert/being careful/listening

*School-Wide Expectation: Be Respectful, Be Responsible*

#### Purpose of the lesson? Why it is important:

- 1.To give students the skills necessary to be prepared for emergency situations.

#### Teaching Examples:

- 1.Jane was walking by herself back to class. About half way back the fire drill alarm went off. Her first reaction was to panic because she didn't know what to do. Then she stopped and remembered to stay calm and be alert. She exited with the nearest class and then made sure her teacher knew she was safe.
- 2.Michael was playing on the playground before school with one of his buddies. His buddy was backing up to catch a ball when he tripped over something and hit his head. He yelled for help. An adult came over and started telling him what to do. *Michael listened silently, and then followed the adult's directions.*
- 3.Ramona was home by herself after school when she heard the siren go off signaling a tornado warning. She ran to the phone to call her mom but then stopped and remembered to go downstairs into the basement. She had to be careful and go down the stairs slowly so that she would stay safe.

#### Kid Activities/Role Plays:

- 1.Have students role-play the safe way to handle any of the above or other emergency situations. Have them show that they are using the skills being taught.
- 2.Discuss emergency situations that students have experienced and have them evaluate how they handled the situation. Would they do anything different if it ever happened again?

#### Follow-up/Reinforcement Activities:

- 1.Before an emergency drill takes place review the safety procedures for emergency situations.
- 2.Praise and give Steamer Bucks/Cash to students who display expected behaviors during an emergency situation.

*Central School- Cool Tool of The Week*  
*Library skills 2-treating materials with care/returning materials on time/ cleaning up after self*

*School-Wide Expectation:* Be Respectful

*Purpose of the lesson? Why it is important:*

- 1.To teach students that treating materials with care shows respect for property.
- 2.To have materials that are plentiful and in good condition in the library at all times.

*Teaching Examples:*

- 1.Jonathan was walking home from school with his books when a neighbor tossed him a ball and asked him to play. He began to throw down his books so that he could play but stopped and remembered *that throwing his books on the ground could damage them. He told his friend to wait for him until he could put his books in the house.*
- 2.A fourth grade girl took out a video from the school library. She told her sister about it, and her sister wanted to watch it over the weekend. The girl started to say O.K. but stopped and remembered *that it was due on Friday and she would have to take it back before her sister could watch it.*
- 3.Jessy was on the computer in the library. He had his books and bookbag on the floor around where he was sitting. He had papers tossed over to one side where there was another workspace. Another student needed to use the computer next to him and sat down. *Jessy looked up and then down at his things. He said, "I'm sorry. I'll clean this up." Jessy told himself that he had to do a better job of cleaning up after himself.*

*Kid Activities/Role Plays:*

- 1.Have students demonstrate how to pack materials such as computer disks and other fragile items into their backpacks and school desks.
- 2.Challenge your class to have no late items in the library for each quarter.

*Follow-up/Reinforcement Activities:*

- 1.Praise and give Steamer Bucks/Cash to students you catch treating materials with care, returning materials on time, and /or cleaning up after themselves.
- 2.While your students are listening ask the library staff how well your students have followed school expectations.
3. Provide reinforcement for meeting the challenge of number 2 from kid activity.

# Central School- Cool Tool of The Week

## Asking permission

*School-Wide Expectation:* Be Respectful, Be Safe

*Purpose of the lesson? Why it is important:*

1. To teach students that asking permission from school staff is respectful and allows staff to be aware of what students are doing.
2. An adult feels that a student is safe when he/she has been given permission to do something.

*Teaching Examples:*

1. Students are playing a game of kickball during recess. The ball flies out of the playground and into the street. A girl starts to run after the ball but stops and realizes that *she needs to inform the playground supervisor so that the supervisor will retrieve the ball.*
2. A student does not feel well and wants to go to the nurse. His teacher is working quietly with a small reading group. He doesn't think he should disturb her, but he really feels sick. He starts to walk out of the room and then stops and remembers *that he should go back and ask permission first.*
3. A student had asked permission to go to the bathroom. His teacher gave him permission, but on the way back to class he remembered that he left his homework in the library. He begins to turn around to get it but then stops and realizes *that he has to go back to class first and ask permission to go to the library.*

*Kid Activities/Role Plays:*

1. Have students list what types of things require permission within the school.
2. Discuss and help students to decide what types of situations warrant disturbing a teacher who is teaching and what do not.
3. Have students role-play how and when to ask permission of school staff.

*Follow-up/Reinforcement Activities:*

1. Compliment and give a Steamer Buck to students who ask permission at appropriate times.
2. Pre-teach when it is acceptable to ask for permission.

# Central School- Cool Tool of The Week

## Giving your best effort

*School-Wide Expectation:* Be Responsible

*Purpose of the lesson? Why it is important:*

1. To teach students that giving their best effort makes learning easier.
2. To teach students that giving their best effort makes them feel proud.

*Teaching Examples:*

1. A teacher is teaching a math lesson on fractions and asks for volunteers to come to the board to solve a problem. Elizabeth begins to squirm in her seat because she thinks that she is not good at math. She then remembers *that she should give her best effort to learn how to do fractions, so she raises her hand and volunteers to go to the board.*
2. The P.E. teacher lets your class know that they will be running five laps before playing soccer today. You have a difficult time running and feel very discouraged before you even begin. You stop and remember *that as long as you give your best effort you are doing all that is expected of you, and you begin to run with your class.*
3. You are having a science test tomorrow, and you think you already know everything you need to know. You decide not to bother bringing your book home. Then you stop and remember *that if you are going to give your best effort you need your book to review the material.*

*Kid Activities/Role Plays:*

1. Lead a discussion about how it is O.K. that some things take longer to learn for some students than others. As long as students are giving their best effort they will learn what they need to know at their own pace.
2. Have students verbally role-play self talk to motivate themselves to give their best effort for things that are difficult for them or for things they think they already know.
3. Ask students to compliment each other when they see their peers giving their best effort.

*Follow-up/Reinforcement Activities:*

1. Verbally praise and give Steamer Bucks/ Cash to students you feel are giving their best effort in academics, social situations, or in personal goals.
2. Quietly encourage particular students that need motivation to give their best effort before beginning a challenging assignment.
3. When your whole class seems to be giving their best effort on something challenging reward them with something like a ten-minute break, a candy, etc.

# Cool Tool of The Week

## Using the computer

*School-Wide Expectation:* Be Respectful, Be Responsible, Respect Property

*Purpose of the lesson? Why it is important:*

- 1.To teach students to use computers properly.
- 2.To teach students to use computers safely.

*Teaching Examples:*

- 1.A Sixth grade class entered the computer area after lunch. Jennifer noticed that she had chocolate on her fingers from dessert. She knew that she was not supposed to have food or drink near computers. She remembered that *she would not be treating the equipment with care if her hands were dirty*. She asked for permission to wash her hands.
- 2.Charles was a new student at Central School. He had never used a computer before and was being taught what to do by his teacher. His teacher showed him the proper way to sign in and helped him to find a site to look at. *Charles was done with that site and was ready to do something else. He remembered that he should ask for help to make sure that he signed off properly*.
- 3.A fifth grade student was working at the computer in her classroom. There was a link she heard about and wanted to see. She began to type in the address, but then she remembered that it was not a school link. *She did not type in the address*.

*Kid Activities/Role Plays:*

- 1.Ask for volunteers to show the class how to use the computer properly.
- 2.Discuss the consequences for misusing a computer.
- 3.Share experiences you have had with computers. (e.g. maintenance, trouble shooting, finding and using applications, printing, etc.)

*Follow-up/Reinforcement Activities:*

- 1.Praise and give Steamer Bucks/ Cash to students who are using the computer properly and /or safely.
- 2.Preteach expectations before students begin using the computer.

# Central School- Cool Tool of The Week

## Keeping hands and feet to yourself

*School-Wide Expectation:* Be Respectful

*Purpose of the lesson? Why it is important:*

- 1.To teach students that keeping their hands and feet to themselves shows respect to others.
- 2.To create a safe and secure educational environment for students and staff members.

*Teaching Examples:*

- 1.A girl is in line at the water fountain waiting to get a drink. A boy squeezes in front of her and she is about to push him out of the way, but she stops and remembers *that she should keep her hands and feet to herself so she uses her words to tell the other student how she feels.*
- 2.A 4th grade boy is at recess and hears another boy saying something mean about him to someone else. At first the boy is sad but quickly becomes angry. His hand is clenched into a fist and he is about to walk over to that boy to hit him. He stops and remembers *that he is expected to keep his hands and feet to himself, so he walks over to a recess monitor and talks about how he feels.*
- 3.A girl was trying to become friends with another girl in her class. She would often do things to impress her. One day the girl asked her to pretend to accidentally bump into a boy because she wanted the boys attention. The girl was about to do it but stopped and remembered *that she is expected to keep her hands and feet to herself and she knew that bumping into someone on purpose was not keeping her body to herself.*

*Kid Activities/Role Plays:(this will probably take longer than one lesson)*

- 1.Have students list and discuss different kinds of feelings and in what kinds of situations they have these feelings.
- 2.Teach students how to verbally express themselves by using “I feel...because....” statements.
3. Role-play situations that might have led to physical contact but didn’t because students were able to express their feelings.

*Follow-up/Reinforcement Activities:*

1. Staff members should model using “I feel...because...” statements.
2. Verbally praise and give Steamer Bucks / Cash to students who are keeping hands and feet to themselves.

## Cool Tool of The Week

### Listening quietly to others

*School-Wide Expectation: Be Respectful, Be Responsible*

Purpose of the lesson? Why it is important:

1. Listening to others shows respect to the person who is talking.
2. Listening helps us learn.

Teaching Examples:

1. A friend is telling you about a movie she saw yesterday. You begin to interrupt her because you want to tell her about a different movie. You stop and remember *that you should listen and wait until she is done before you talk about the movie you saw.*
2. Your teacher is talking to your class about how to do a math problem. You really don't feel like concentrating on what she is saying. You'd rather think about something else, but you stop and remember *that these kind of math problems will be much harder to do later if you don't listen to the teacher now.*
3. During a fire drill the lunchroom person is giving directions about what you are supposed to do. *You stop, look at the staff member, and listen very carefully to what he/she is saying.*

Kid Activities/Role Plays:

1. Have two students talk about a specific subject (e.g. a movie, music, a game, etc) and role-play listening to each other without interrupting.
2. Have three students talk about a specific subject and role play listening to each other without interrupting.
3. Have students list incidences that require listening so they can be ready to learn.

Follow-up/Reinforcement Activities:

1. Compliment and give a Steamer Buck to students that you catch listening to others.
2. Let students know that you appreciate that they are listening to you when you are teaching and /or giving directions. Give Steamer Bucks / Cash for reinforcement.
3. Ask students how they feel when somebody has listened to what they have to say.

# Central School- Cool Tool of The Week

## Playground skills -including others/taking turns/sharing/using equipment properly

*School-Wide Expectation: Be Respectful, Respect Property*

*Purpose of the lesson? Why it is important:*

1. To teach students that including others, taking turns, and sharing displays respect of others and a kindness that benefits everyone.
2. To maintain an emotionally and physically safe environment for children to play.

*Teaching Examples:*

1. Three fifth grade girls were playing jump rope on the playground when one of them noticed that a fourth grade girl was standing by herself watching them. *The girl who noticed her let the other two girls know that she would like to invite her to jump rope. They all agreed. When they invited the girl to play she smiled and ran over to them.*
2. Two even teams of boys were playing basketball at recess when Jack came by and asked to play. One of the boys yelled, "No, the teams are full"! Another boy stopped and remembered *that it was respectful and kind to include others and take turns so he said, "He can switch in and out with me so that we can all play."*
3. A boy was swinging on the swings and wanted to get the attention of another group of boys playing nearby. He yelled out, "Watch me. I'm going to jump from way up here." Sam heard him, turned around, and yelled, "Don't jump! You'll hurt yourself."

*Kid Activities/Role Plays:*

1. Ask students if they have ever felt left out during recess or at any other time at school (not necessarily during this school year). Ask if anyone is willing to share what happened and how they felt. Ask students why they think it is important to include others. Try to stress that you don't have to be a good friend or even want to be friends outside of school to include others in activities.
2. Role-play situations that include taking turns and /or including others. Students can be divided into groups of three or four and they can be given five minutes to come up with a role-play and then present it. If the initial role-play is negative have them recreate it in a positive way.
3. List different kinds of equipment used within the school grounds and discuss how to use the equipment properly.

*Follow-up/Reinforcement Activities:*

1. Praise and give Steamer Bucks/ Cash to students you catch including others, taking turns, or using equipment properly.
2. Occasionally go outside during playground time and catch your students being kind and respectful to others.
3. Before recess ask students, "How do we show respect on the playground?"

