

Cowden-Herrick Schools

PBIS “Cool Tool” Lesson Plan

School Wide Expectations:

- Be Ready
- Be Responsible
- Be Respectful

Lesson Topic: Disrespect 3 – Identifying Types of Disrespect

Purpose of the Lesson:

This will be the second Cool Tool in a series on Disrespect. Cowden-Herrick students are expected to treat each other with respect and avoid disrespect. This lesson will explain different types of bullying and give students practice in classifying scenarios into the different types of bullying. Students will be allowed to write down an experience they may have had with bullying.

Teaching Examples:

1. Will be given in the scenarios.

Student Activities/Role Play:

- A. Explain the purpose of the lesson – teacher
- B. Review the definition of Bullying from the previous lesson
 - **Imbalance** of power between victim & bully
 - Negative hurtful action on part of bully (hurt is intended)
 - **Repeated** behavior by bully
- C. Handout – Types of Bullying Behaviors
- D. Discussion – Students classify scenarios into the Types of Bullying Behaviors
- E. Administer – Student Survey (3 questions)
 - Student responses will be used in the next several Cool Tools
 - Turn in your surveys to Mrs. Oldham and she'll tabulate the results

Follow up/Reinforcement Activities:

- Future lessons will cover
 - ✓ How to deal with a bully
 - ✓ How to be a bystander who stands up to bullying

Types of Bullying Behaviors

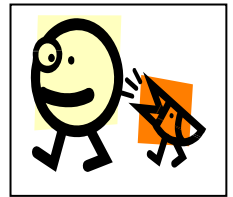


Physical Aggression

- ❖ Hitting, kicking, tripping, destroying property, spitting, etc...
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Social Aggression

- ❖ Spreading rumors, excluding from group, silent treatment, etc...



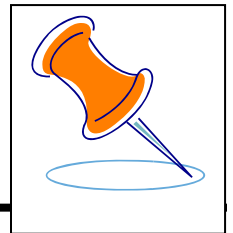
Verbal Aggression

- ❖ Name calling, hurtful teasing, threatening, intimidating phone calls, etc...



Intimidation

- ❖ A dirty trick, taking possession of something, body language, etc...



Written Aggression

- ❖ Note Writing, graffiti, nasty e-mails, text messages or instant messages, etc...
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Types of Bullying Behavior: Scenarios

Disclaimer: The students mentioned in these scenarios are not necessarily bullies. However, they are all exhibiting bully behaviors.

Directions: Read the short scenarios to the students. Discuss which Type of Bullying Behavior(s) the scenarios fall under. The purpose is to show students that bullying can happen in many ways.

- 1 Intimidation Sally says to Mary, "Give me the answer to that test question or you'll be sorry".
- 2 Physical Aggression As Katie walks down the row; Susie quietly sticks her foot out. Katie trips and falls.
- 3 Social Aggression When Jack walked up to Clint and said, "Hello", Clint stuck his nose in the air and walked away without a word.
- 4 Verbal Aggression Brenda leaves a voice mail for Debra: "You're a slime ball and no one likes you".
- 5 Physical Aggression Sammy places a tack on Billy's desk chair. Billy discovers the tack the hard way.
- 6 Written Aggression The following is found on a restroom stall door: "Carla is ugly".
- 7 Physical Aggression Jimmy saw that Bobby had a nice hat. When Bobby wasn't looking, Jimmy ripped the hat and threw it into the trash can.
- 8 Intimidation Big Jake decided he wanted to ride Sam's bike. Big Jake walked up to Sam at the park, puffed out his chest, swung his arms around, and said, "I need to use your bike". Sam backed away and said, "Sure, go ahead".
- 9 Social Aggression Sadie walked up to Morgan. "Hey Morgan, so what do you think of Jeffrey?" Morgan replied, "He's nice". Later, Sadie told her friends, "Morgan has a crush on Jeffrey".
- 10 Verbal Aggression Lucy always makes comments about Sandy's size. When Sandy walks by in the gym, Lucy talks just loud enough for Sandy to hear. "Wow, look at that pumpkin." When questioned about it, Lucy always says, "What's wrong with talking about food in the gym?"
- 11 Social Aggression Jodie tells Jamie not to talk or play with Sarah.
- 12 Intimidation Tim stole the basketball away from Tony and refused to return it. Along with Jed, Tim played keep away with the ball.
- 13 Verbal Aggression Molly told a joke that made fun of Cubans.
- 14 Written Aggression The janitor found the following written on a desk, "By tomorrow, Tommy will be missing an arm".
- 15 Social Aggression A group of girls make an agreement that they will be friends only with girls who wear clothes from GAP. They refuse to talk and associate with anyone else.

Student Survey

Directions: Circle YES or NO on questions 1 and 2. Give an example for question 3.

- 1 **YES** **NO** I have seen bullying behavior at Stew-Stras.
- 2 **YES** **NO** I have engaged in bullying behavior at Stew-Stras.
- 3 If you answered **YES** to either of the above questions, please give a short example of what you've seen or done.
