

# Cowden-Herrick Schools

## PBIS “Cool Tool” Lesson Plan

### School Wide Expectations:

Be Ready

Be Responsible

Be Respectful

**Lesson Topic:** Hands, Feet & Objects to Self

### Purpose of the Lesson:

1. It is important to respect the personal space of others.
2. To not cause injury to others.
3. To make sure classmates are comfortable.

### Teaching Examples:

1. Check for understanding
  - a. Ask the students, “What does being safe by keeping your hands, feet and objects to yourself look like?”
2. Teach negative behaviors
  - a. “Now we are going to show you what it looks like when students are not safe. This is what we don’t want to see in class.” Students watch the adults model what you do not want them to do.
3. “Now we are going to show you what it looks like to stay safe and keep your hands, feet and objects to yourself.”
  - a. Someone takes something from your desk and you are upset, you need to keep your hands to yourself, and use your words to ask for it back.
  - b. You are being silly and someone kicks you under the table. You need to keep your feet to yourself. Use your words to tell them to keep their feet to themselves.
  - c. During a classroom activity, you become angry and feel like throwing something. You remember to keep objects to yourself so that you do not hurt someone.
4. Ask the students the following questions:
  - a. What did you do that was safe?
  - b. How do you think the students felt?
  - c. How do you think the teacher felt?
  - d. What good things happened because you were safe and kept your hands, feet and objects to yourself?

**Student Activities/Role Play:**

1. Practice keeping hands and objects to self.
2. Brainstorm times when you need to keep your hands and objects to self.
3. Role-play keeping hands/objects to self when you are angry, etc...

**Follow up/Reinforcement Activities:**

1. Verbalize and praise when a student is keeping their hands, feet and objects to self.
2. Reward students with "Buzz Bucks".