

# Cowden-Herrick Schools

## PBIS “Cool Tool” Lesson Plan

### School Wide Expectations:

Be Ready  
Be Responsible  
Be Respectful

**Lesson Topic:** At Recess Line Up & Walk/Playground

### Purpose of the Lesson:

1. You need to listen to the adult because they are responsible for you.
2. You need to respect each other’s personal space.
3. Respecting recess rules keeps everyone safe.

### Teaching Examples:

1. Recess ends, you see the adult is trying to get your attention, but you want to ignore him/her and play more. You remember it is important to follow the rules, so you stop playing and line up.
2. You see that the other students are running towards the school and the playground is getting empty. You look for the adult and friends from your class and you know it is time to line up.
3. You are still excited from recess and you want to be silly in line, but you decide to demonstrate respect for yourself and others by walking appropriately.

Check for understanding: Ask, “What did these students do that was respectful?”, “How do you think the students felt?”, “How do you think the teacher felt?”, and “What good things happened because you showed respect, lined up and walked at recess?”

### Student Activities/Role Play:

1. Practice walking out to the playground and walking back appropriately.
2. Role-play watching for cues when recess is over, and what to do when a friend does not realize recess is finished.
3. Teach the students to take three deep breaths to calm down when they feel like becoming silly in line, so they can continue to walk appropriately.

### Follow up/Reinforcement Activities:

1. Adults verbally reinforce students as they practice and demonstrate the skills throughout the school year.
2. Reinforce with “Buzz Bucks”.